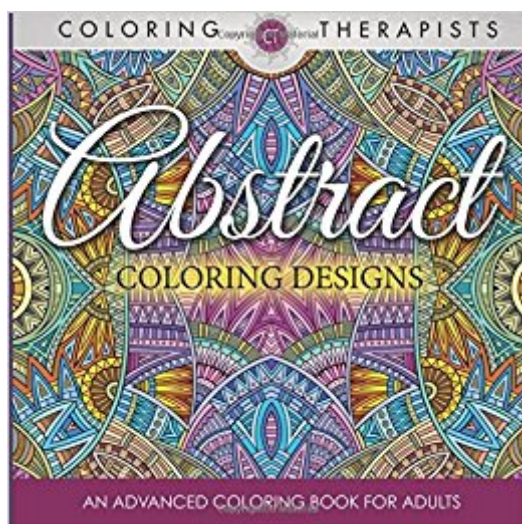


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# Abstract Coloring Designs: An Advanced Coloring Book For Adults



## Synopsis

Who's up for some abstract painting? Maybe not on canvass but on sheets of pages. Coloring releases your inner artist. It is one of the few activities out there that let you decide on your own and come up with beautiful works of art every time. The power of coloring lies in its many possible combinations. Are you ready to see what you can do with a coloring tool?

## Book Information

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## Customer Reviews

Coloring Therapists is a creatively independent publishing imprint that is focused on compiling high-quality, premium coloring books for adults to enjoy. Our mission is to provide really comprehensive and intriguing designs/patterns for adults to relax and de-stress with while coloring. These ideal coloring images are perfect for markers, fine tip pens and coloring pencils. Check out our exciting collections adult coloring books.

I like doing henna designs and I love to color, so I thought this book and others like it would be great for stimulating my creative juices. Well, I was a little disappointed at first because the pictures were so small, but after re-reading the description, they were meant to be because this was only a sample of the book. The designs are very lovely, some quite intricate, but others are ruined because some of the outlines are too thick or bold. Overall I would say that it's a pretty good book though. This book is an exact copy of the print version except for a few pages at the beginning where the publisher pushes a free coloring club. In order to receive the promised "10+ high quality coloring book PDF pages with dozens of illustrations that readers can PRINT," you have to sign up

on a free mailing list. The description of the book does NOT state this fact, and I think that it should. The coloring pages in the book are fine, I have seen better, but some are very good. I still wish I didn't have to sign up for a mailing list in order to get their promised free coloring pages. There are thousands available for free online that don't require I turn over private, personal information to this publisher. I purchased a handful of these books from the same seller and I basically have the same review for all the books I purchased from them as the only differences in each book were the actual pictures themselves. Here is my review: I purchased the Kindle version of this book as it was FREE and you can just print them out using your own computer and printer. I liked this book but the coloring areas (pictures) are rather small. They don't fill a full page when you print them out. You can scale the picture to cover more area but then it gets really pixelated and doesn't look all that great. But it's great if you only have a few minutes and want to color and would like to finish the page in the same sitting.

To start it's important to know that this is an EBook for Kindle. You cannot download or electronically color any of the images from this particular book. However there is a link inside the book to a website where you sign in with your email and identify yourself. It gives the impression that you will find the images from this book inside the website. Once inside there are six actual books that you can download images from and print out. The books vary, however, this book is not currently one of those in that collection. I will say that the books that are there offer many beautiful images so there is something there for everyone. That said, things I love about this book is that it is created for artistic therapy. It targets people with brain disorders, and anxiety/depression. Being someone who suffered with Lyme Disease and struggled with electrical interruptions in my brain, I can honestly tell you that any sort of focused work that requires repetition and patterning is very good to keep the brain active in overcoming your health hurdles. The author of the book spends time in the beginning of the book getting into detail about the benefits of this kind of therapy. It does not appear that the Ebook has all the images to show you that are available in the actual paper copy of the book. From the images I could see there are abstract designs for every kind of taste. Some were too busy for me. But I loved the florals. Someone who loves lots of angles and such might really love this book. It has a lot of repetitive patterning and is very creative. I would get the Ebook version for two purposes. To have access to the other designs on their web link and to see what the designs look like in this book. HOWEVER, if abstract designs is what you want, just purchase the paper book directly. Both the printed and the web versions of the different Abstract and Mandala Books have a second sheet of paper underneath each design page to catch overflow and stop bleeding from the next image if

you use felt tipped pens. My recommendation for coloring the designs is to use fine tip or regular sharpies (no broad tip) and buy a kit that has lots of different colors. Sharpies are permanent and have a much more even flow of colors that are vibrant. you can also be more precise with them. This will help in making a design you can frame and put on your wall. Do not use watercolor markers. They tend to run and puddle. They also will shred the paper if you try to fill in too much. Other great options are colored pencils and crayons, although my first choice is permanents with fine tip. Many of the designs have VERY tiny spots to fill in that a fine tip would work great on. The designs do have thick black lines. Some people like this, some dont. Personally I like them because they catch any overflow if you accidentally go a tiny bit outside the area you are coloring, which can happen if you are using them to help people with different neurological disorders. There are numerous different sized shapes to challenge someones skills or to have more free flow. I can see the benefits of challenging someone to work on the smaller spaces however, that could frustrate someone who has motor skill issues. It also can help them master their motor skills better by continuing to try. These books are marked as therapy books, but lets face it...many adults love having something to relax to before they go to sleep, watching movies or when they are on long phone conversations. My recommendation....if you dont get this particular book, get at least one of the many options they do offer. These are fabulous and will offer lots of time to work. Please do look at all the different book options this company offers. You will find something to fall in love with. I received this product at discounted rate for my honest testing and review. I try to do my best to give an honest and forthright review that will help anyone looking to buy a product. While many items I receive are discounted or complimentary, I am not paid or given incentives to give a positive review. I am not paid to give my opinion. I try to highlight the plusses and minuses to give an honest perspective from my own personal experience of how the product works to help the buyer and am as honest as possible. I hope my review helped you in your search. If it has, please click on the button to let me know it did. That will help me be more successful in future reviewing. Thanks much for reading my review.

KINDLE EBOOK -- Abstract Coloring Designs: An Advanced Coloring Book For Adults This evoke is free to download, but there is a paperback version of it. The book has no "author" per se, but under the title is written Coloring Therapists. There is a link to their website, and from there, you can print out many beautiful designs to color. There are several collections to download and print. I have already downloaded on of them, and printed several of the designs. I plan to color them with colored pencils! Coloring is a very relaxing activity and these pictures are very challenging for an adult to

color. I received this book free and this is my fair and honest opinion. This book also explains the benefits of coloring, such as lowering blood pressure, reducing anxiety, helping those with dementia stay grounded, etc. I have trouble sleeping at night, and I learned from the book that a person who spends time coloring before bedtime will usually fall asleep faster than someone who didn't color. Since they are downloadable it will be easy to pick which pictures you like best and only print those. The designs are in the ebook, but the designs are very small, and don't transfer well to the printer. Coloring is currently very popular and this ebook is a nice source of low cost designs that are beautiful, intricate, and easy to print from your Kindle app. Below are a couple of the pictures, obtained from one of the downloads from the color therapist website.

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